

Student Rules and Regulations Personal Behavior Contract

The Belgian exchange trip offers many unique opportunities and experiences. Beyond the educational benefits, the trip offers opportunities to form new friendships and to meet the challenges of independence.

The Belgian Exchange Program promotes an atmosphere where chaperones and students support one another with genuine respect. As a student participant, it is your responsibility to help make the trip a positive and enjoyable experience for yourself, fellow students, chaperones and our host families. All participants are expected to demonstrate high standards of conduct and to accept personal responsibility and consequences for their actions. Remember that you represent our Program and our Country when you travel on this trip. You are expected to exhibit honesty, courteousness and consideration toward others. This includes those in your group, chaperones, our host families, as well as anyone else with whom you may come in contact on your trip, such as motorcoach drivers, guides and restaurant and hotel staff.

The goal of the Belgian Exchange Program is to make this trip an educational, safe, and enjoyable experience for everyone. We require your cooperation and commitment to the following behavior standards to help us meet this goal.

We expect the student/participant to obey the following rules of behavior:

- ❖ The student is to follow the directions and the rules and regulations established by the chaperones and their host family, including obeying the curfew rules of the host family.
- ❖ The student shall not be involved in any way with illegal drugs, vandalism, theft, or any other type of behavior that is judged by the chaperones to be detrimental to the health, well being, safety, or reputation of him/herself or others. This includes the over-consumption of alcoholic beverages.
- ❖ The student shall comply with all rules and regulations of the various governmental and vendor agencies (such as airlines, hotels, motorcoach companies, etc.).
- ❖ During coordinated activities, the student shall remain with the group at all times unless the chaperones specifically allow you free time.
- ❖ The use of hotel facilities carries with it the responsibility of leaving them in the same conditions in which they were found. The student is responsible for any damage that they are deemed by chaperones to be responsible for.
- ❖ The student may not leave the hotel without express permission from a chaperone.
- ❖ The student must sleep in his/her assigned hotel room.

❖ The student shall not consume alcohol while outside the Country of Belgium.

❖ Good common sense, respect and consideration for others and their property should be practiced daily.

If the student should violate any of these rules, he/she may be sent home at the discretion of the Belgian Exchange Program. In such cases, the parent/guardian will be contacted and the student sent home at the parent's expense.

Release of Liability

All persons making the exchange trip to Belgium shall be deemed to have waived all claims against the Belgian Exchange Program or the State of California for injury, accident, illness, or death occurring during or by reason of the trip I understand and agree that I cannot hold the Belgian Exchange Program, its Board of Directors, officers or agents liable for any claim arising out of, or which is in some manner connected with, the student's participation in this trip.

Student Contract

I have read, and I understand the behavior rules and regulations of the Belgian Exchange Program. I agree to comply with all of these rules and regulations.

Date: _____ Student Signature: _____

Parent Contract

I have read, and I understand and support the rules and regulations of the Belgian Exchange Program. I represent that I have discussed these rules and regulations with my child and he/she agrees to comply with them. I understand that should my child violate any of these rules and regulations that he/she may, at the discretion of the Belgian Exchange Program, be sent back to Sacramento prior to the end of the trip and at my expense.

Date: _____ Parent Signature _____